

## **Before Your Appointment**

Be sure to set aside at least two hours for your appointment. To ensure the very best results, please follow these important guidelines:

- Please do not wear any make up to your appointment. **ESPECIALLY DO NOT WEAR ANY EYE MAKE UP OR MASCARA!**
- Do not wear contact lenses to your appointment - just wear your normal eyeglasses.
- Since Dr. Lin charges such low prices compared to other spas and salons, only **CASH** and **PERSONAL CHECKS** are accepted (no credit cards, no check or debit cards).
- If you refer a friend, Dr. Lin will give you 10% discount on your next full set!

## **After Care Instructions**

- Do not get your eyelashes wet for at least 24 hours to allow the adhesive to completely dry.
- Avoid hot steam from the shower and sauna for 2 days.
- Be very gentle with your eyelashes.
- Do not rub your eyes excessively.
- Do not use an eyelash curler!
- Do not use any oil-based eye makeup remover.
- Mascara will not be necessary with your beautiful new eyelashes, but if you really want to apply mascara, just apply to the tips only - do not apply mascara near the base of the eyelash.
- Do not use waterproof mascara.
- Do not go to the sauna, steam room, or hot spring frequently. The heat may cause the bonds to weaken.
- Depending on your own natural eyelash growth cycle and how well you follow these after care instructions, you will probably need a touch-up every 3 weeks. Those who have a faster eyelash growth cycle may need a touch-up sooner, while those with a slower eyelash growth cycle may not need a touch-up as often.